

## Syllabus

### Ladies Wear Design & Construction 1 – Beginner (+- 40 classes)

- \* Learning to use your sewing machine
- \* Over locking
- \* Different seam types
- \* Darts
- \* Piping
- \* Buttonholes
- \* How to cover buttons
- \* Lapped zip
- \* Invisible zip
- \* Gathers and pleats
- \* Taking body measurements
- \* Drafting a skirt block
- \* Layout and cutting of fabric
- \* Sewing and fitting your skirt toile
- \* How to attach a waistband
- \* Skirt facings
- \* Patch pockets
- \* Skirt vents
- \* Different skirt patterns and sewing
- \* How to grade a skirt block to different sizes
- \* Shirt block with sleeves
- \* Sewing and fitting your shirt toile
- \* How to move the bodice dart
- \* Shirt facings
- \* Different shirt patterns
- \* From shirt block to dress block
- \* Different sleeve patterns and sewing
- \* Different collars patterns and sewing
- \* Cuffs
- \* Button stands
- \* Shirt yokes
- \* How to grade a shirt block to different sizes

### Ladies Wear Design & Construction 2 – Intermediate (+- 40 classes)

- \* Drafting a tailored jacket block
- \* Sewing and fitting your jacket toile
- \* Jacket sleeves
- \* Different Jacket collar patterns and sewing
- \* Different jacket pockets
- \* Different jacket patterns
- \* How to grade the jacket block to different sizes
- \* Design and make your own winter jacket or coat with lining
- \* Trouser block
- \* Sewing and fitting your trouser toile
- \* Trouser side pockets
- \* Trouser fly zip
- \* Belt loops for trousers
- \* Different trouser patterns and sewing
- \* How to grade the trouser block to different sizes
- \* Design and make your own trousers/jeans

### **Ladies Wear Design & Construction 3 – Advanced (+- 40 classes)**

- \* Drafting a corset block
- \* Sewing and fitting your corset toile
- \* Different corset patterns and sewing
- \* Corset with draping / pleating detail on
- \* Hand sewn lace detail on corset
- \* Sewing different corset closures
- \* Sewing different types of boning
- \* How to grade the corset block to different sizes
- \* Invisible zips
- \* Pattern and sewing of your own ball gown skirt
- \* Ball gown skirt hem finishes
- \* Making a tulle petticoat for your ball gown
- \* Making a veil
- \* Making a garter
- \* Patterns and sewing of a mermaid style evening skirt
- \* Draping project o on a mannequin
- \* One-piece evening dress block
- \* Sewing a 1-piece evening/wedding dress
- \* Slits for evening/wedding dresses
- \* Low backs for evening/wedding dresses
- \* Stretch evening dress pattern and sewing
- \* Evening/wedding dress trains
- \* Design and make an evening / wedding dress of your choice
- \* Grading of evening dress blocks

### **Children's Wear Design & Construction (+- 40 classes)**

- \* Drafting a kiddies skirt block
- \* Drafting a kiddies skirt pattern
- \* Cutting and sewing a kiddies skirt
- \* Pattern and sewing of a tutu skirt for girls
- \* Drafting a kiddies T-shirt block
- \* Drafting a kiddies sleeveless T-shirt / vest pattern
- \* Cut and sew a kiddies sleeveless T-shirt / vest
- \* Drafting a kiddies casual pair of pants / shorts block
- \* Drafting a pattern for kiddies casual pair of pants / shorts with pockets
- \* Cut and sew a kiddies casual pair of pants / shorts with pockets
- \* Drafting a kiddies tracksuit pants and tracksuit top block with a hood
- \* Drafting a kiddies tracksuit pants and tracksuit top pattern with a hood
- \* Cut and sew a kiddies tracksuit pants and tracksuit top with a hood
- \* Drafting a kiddies onesie block
- \* Drafting a kiddies onesie pattern
- \* Cut and sew a kiddies onesie
- \* Drafting a kiddies dressing gown block
- \* Drafting a kiddies dressing gown pattern
- \* Cutting and sewing a kiddies dressing gown
- \* Drafting a kiddies dress block
- \* Drafting a kiddies dress pattern
- \* Cutting and sewing a kiddies dress
- \* Drafting a kiddies casual unlined jacket block
- \* Drafting a kiddies casual jacket without lining
- \* Cut and sew a kiddies casual jacket without lining
- \* Drafting a kiddies shirt block
- \* Drafting a kiddies shirt pattern
- \* Cut and sew a kiddies shirt with collar, sleeves and cuffs
- \* Grading of kiddies blocks

## **Men's Wear Design & Construction – Informal Wear (+- 40 classes)**

- \* Basic seams and stitches for men's wear
- \* Drafting a men's T-shirt block
- \* Drafting a men's T-shirt pattern
- \* Cut and sew a men's T-shirt
- \* Drafting a men's tracksuit pants and top block
- \* Drafting a men's tracksuit pants and top pattern
- \* Cut and sew men's tracksuit pants and top
- \* Drafting a men's casual pair of chinos / jeans block
- \* Drafting a pattern for men's casual pair of chinos / jeans
- \* Cut and sew a men's casual pair of chinos / jeans
- \* Drafting a casual jacket block
- \* Drafting a casual jacket pattern
- \* Cut and sew a casual men's unlined jacket
- \* Drafting a men's kaftan block
- \* Drafting a men's kaftan pattern
- \* Cut and sew a men's kaftan
- \* Drafting a classic men's shirt block
- \* Drafting a classic men's shirt pattern
- \* Cut and sew a men's shirt with collar, sleeves and cuffs
- \* Drafting a men's shorts block
- \* Drafting a pattern for men's shorts
- \* Cut and sew men's shorts

## **Men's Wear Design & Construction – Formal Wear (+- 40 classes)**

- \* Drafting a men's waistcoat block
- \* Drafting a men's waistcoat pattern
- \* Cut and sew a men's waistcoat
- \* Drafting a classic men's shirt block
- \* Drafting a classic men's shirt pattern
- \* Cut and sew a men's shirt with collar, sleeves and cuffs
- \* Drafting a men's classic trouser block
- \* Drafting a men's classic trouser pattern
- \* Cut and sew a pair of men's classic trousers with fly front and pockets
- \* Draft a classic men's suit jacket block
- \* Draft a classic men's suit jacket pattern
- \* Drafting a lining pattern for a men's suit jackets
- \* Cut and sew a men's suit jacket with lining, collar, sleeves and pockets

## **Ladies Swimwear Design & Construction (+- 20 classes)**

- \* Drafting a basic bikini bottom block
- \* Pattern and sewing of a basic bikini bottom
- \* Drafting a basic bikini top block
- \* Pattern & sewing a basic bikini top (no underwire)
- \* Drafting a triangle bikini pattern
- \* Cutting and sewing a triangle bikini and tie bottoms
- \* Drafting a one-piece swimsuit block
- \* Pattern & sewing a one-piece swimsuit
- \* Pattern & Sewing of an underwire bikini top & bottom set
- \* Patterns and sewing techniques of different bikini tops and bottoms
- \* Grading of all the blocks used in the course

## **Ladies Beachwear & Resortwear Design & Construction (incl swimwear) (+- 40 classes)**

- \* Drafting a basic bikini bottom block
- \* Pattern and sewing of a basic bikini bottom
- \* Drafting a basic bikini top block
- \* Pattern & sewing a basic bikini top (no underwire)
- \* Drafting a triangle bikini pattern
- \* Cutting and sewing a triangle bikini and tie bottoms
- \* Drafting a one-piece swimsuit block
- \* Pattern & sewing a one-piece swimsuit
- \* Pattern & Sewing of swimsuit trunks (unitard)
- \* Drafting a swimwear overdress block
- \* Pattern & sewing a swimwear overdress
- \* Drafting a beach shorts block
- \* Pattern & Sewing beach shorts with drawstring
- \* Pattern & Sewing beach shorts with button
- \* Drafting a casual beach dress block
- \* Pattern and sewing of a casual summer beach dress
- \* Pattern & Sewing of an underwire bikini top & bottom set
- \* Pattern & sewing of a fabric beach hat
- \* Design & Make your own beachwear or resortwear outfit of choice
- \* Grading of all the blocks used in the course

## **Ladies Lingerie Design & Construction (+- 20 classes)**

- \* Block, Pattern and sewing of a basic panty and G-string
- \* Block pattern and sewing of a basic bra (no underwire)
- \* Block, pattern and sewing of a sports bra
- \* Block, Pattern and sewing of a negligee
- \* Block, Pattern & Sewing of an underwire bra and panty set
- \* Block, Pattern and sewing of a lingerie corset
- \* Grading of all the blocks used in the course

## **Ladies Lingerie & Sleepwear Design & Construction (+- 40 classes)**

- \* Block, Pattern and sewing of a basic panty and G-string
- \* Block pattern and sewing of a basic bra (no underwire)
- \* Block, pattern and sewing of a casual summer 2 – piece pyjama set
- \* Block, pattern and sewing of a summer 1-piece pyjama dress/slip
- \* Block, pattern and sewing of a winter vest
- \* Block, pattern and sewing of a 2-piece winter pyjama set with collar and sleeves
- \* Block, pattern and sewing of a dressing gown
- \* Block, pattern and sewing of a sports bra
- \* Block, Pattern and sewing of a negligee
- \* Block, Pattern & Sewing of an underwire bra and panty set
- \* Block, Pattern and sewing of a lingerie corset
- \* Grading of all the blocks used in the course

## **Design Course for Teens – Teens aged 10 – 17 years (+- 20 classes)**

- \* Sewing a scatter cushion
- \* Making an unlined tote bag
- \* Sewing a circle skirt
- \* Sewing leggings
- \* Sewing shorts
- \* Sewing T- shirt / T- shirt dress
- \* Sewing gown / onesie
- \* Sewing a hoodie

## **Ladies Stretch Wear Design & Construction (+- 40 classes)**

- \* Drafting a stretch skirt block
- \* Pattern and sewing of a stretch mini or pencil skirt with elastic waist
- \* Pattern and sewing of a stretch skirt with a zip and waistband
- \* Drafting a close fitting stretch top block
- \* Pattern and sewing of close fitting stretch top with stretch lace and binding
- \* Drafting a loose fitting stretch top / dress pattern with sleeves
- \* Sewing the loose fitting stretch top / dress with sleeves
- \* Drafting a T-shirt block
- \* Pattern and sewing of a T-shirt / T-shirt dress with raglan sleeves and cuffs
- \* Drafting a casual stretch winter dress pattern with cowl collar
- \* Sewing the casual stretch winter dress
- \* Drafting a loose stretch over garment with roll collar pattern
- \* Sewing the loose over garment with roll collar
- \* Drafting a legging block with elastic in a waistband casing
- \* Pattern and sewing of your own leggings
- \* Drafting a tracksuit top and pants block
- \* Pattern and sewing of tracksuit top and pants with drawstring waist and hood
- \* Drafting a stretch cocktail dress block
- \* Pattern and sewing of stretch cocktail dress with zipper
- \* Pattern and sewing of a stretch evening dress
- \* Design and make your own stretch wear item of choice
- \* Grading of all the stretch blocks used

## **Home Accessories Course (Patternmaking & Sewing) (+- 40 classes)**

### **For the Lounge:**

- \*Pattern & Sewing a scatter cushion with an invisible zip
- \*Making your own coaster set

### **For the Dining Room:**

- \*Pattern & Sewing a table runner
- \*Pattern & Sewing a table cloth
- \*Pattern & Sewing a place mat set
- \*Pattern and sewing a chair cover / cushion

### **For the Bedroom:**

- \*Pattern & Sewing a bedroom pillow case
- \*Sewing a bed base cover / night frill
- \*Sewing a fitted bed sheet
- \*Sewing a bed quilt
- \*Sewing a duvet cover

### **For the Patio:**

- \*Pattern and sewing chair cushions for a patio set / sun lounger

### **For the rest of the home:**

- \*Sewing an unlined taped curtain
- \*Sewing a lined curtain with rings
- \*Pattern & Sewing Roman Blinds

## **Home Accessories (Sewing only) (+- 20 classes)**

### **For the Lounge:**

- \*Pattern & Sewing a scatter cushion with an invisible zip
- \*Making your own coaster set

### **For the Dining Room:**

- \*Pattern & Sewing a table runner
- \*Pattern & Sewing a table cloth
- \*Sewing a place mat set
- \*Sewing a chair cover / cushion

### **For the Bedroom:**

- \*Sewing a bedroom pillow case
- \*Sewing a bed base cover / night frill
- \*Sewing a fitted bed sheet
- \*Sewing a bed quilt
- \*Sewing a duvet cover

### **For the Patio:**

- \*Sewing chair cushions for a patio set / sun lounger

### **For the rest of the home:**

- \*Sewing an unlined taped curtain
- \*Sewing a lined curtain with rings
- \*Sewing Roman Blinds

## **Handbag Sewing Course (+- 20 classes)**

- Making an easy envelope bag
- Making an unlined tote bag
- Making a pencil bag / make-up bag with a zip
- Making a lined beach bag / shopping bag / unlined sewing machine bag
- Making a lined drawstring bag
- Making a soft clutch with a metal frame
- Making a hard shell clutch
- Making a sling bag / satchel bag
- Making a classic handbag

## **Fashion illustration Course (+- 20 classes)**

- Body proportions
- Stylizing and dressing the figure (clothes, shoes, accessories)
- Fabric rendering (Depicting different fabrics and textures)
- Facial proportions
- Arms & Hands, Legs & Feet
- Working with different mediums (paint, artist koki's, pencils)
- Technical drawings (Flats)
- Portfolio and page composition
- Compiling your own collection (layout, background, mounting, swatches etc)

*The illustrations for the collection is worked on at home, and the student may arrange for a few private consultations during this period in which the layout, background and final presentation is then put together*

## No Syllabus

### Design & Construction Combination Course (+- 20 or 40 classes)

Create your own Design & Construction Combination course by selecting specific projects from any of our Design & Construction courses to focus on. (Children's wear, Men's wear, Beachwear and resortwear, Lingerie & Sleepwear)

Patternmaking & Sewing. **Paper and fabrics are included in the cost of the course**

### OPEN CLASS (+- 10 or 20 or 30 or 40 classes)

*Flexible class – students do not follow a syllabus and have the freedom to work on anything of their choice, eg.*

- Any sewing
- Any patternmaking
- Any illustrations
- Any projects from our 3Dimensional Design course
- Working on your own collection/label
- Working on competition entries
- Combination of sewing, patterns and illustrations
- Working on client orders
- Design students from other institutes requiring assistance with projects and exam preparations
- Children sewing projects

Great for students that already have sewing skills and the knowledge.

**Fabric and paper are not included in this course**