

Syllabus

Ladies Wear Design & Construction 1 – Beginner (+- 40 classes)

- * Learning to use your sewing machine
- * Over locking
- * Different seam types
- * Darts
- * Piping
- * Buttonholes
- * How to cover buttons
- * Lapped zip
- * Invisible zip
- * Gathers and pleats
- * Taking body measurements
- * Drafting a skirt block
- * Layout and cutting of fabric
- * Sewing and fitting your skirt toile
- * How to attach a waistband
- * Skirt facings
- * Patch pockets
- * Skirt vents
- * Different skirt patterns and sewing
- * How to grade a skirt block to different sizes
- * Shirt block with sleeves
- * Sewing and fitting your shirt toile
- * How to move the bodice dart
- * Shirt facings
- * Different shirt patterns
- * From shirt block to dress block
- * Different sleeve patterns and sewing
- * Different collars patterns and sewing
- * Cuffs
- * Button stands
- * Shirt yokes
- * How to grade a shirt block to different sizes

Ladies Wear Design & Construction 2 – Intermediate (+- 40 classes)

- * Drafting a tailored jacket block
- * Sewing and fitting your jacket toile
- * Jacket sleeves
- * Different Jacket collar patterns and sewing
- * Different jacket pockets
- * Different jacket patterns
- * How to grade the jacket block to different sizes
- * Design and make your own winter jacket or coat with lining
- * Trouser block
- * Sewing and fitting your trouser toile
- * Trouser side pockets
- * Trouser fly zip
- * Belt loops for trousers
- * Different trouser patterns and sewing
- * How to grade the trouser block to different sizes
- * Design and make your own trousers/jeans

Ladies Wear Design & Construction 3 – Advanced (+- 40 classes)

- * Drafting a corset block
- * Sewing and fitting your corset toile
- * Different corset patterns and sewing
- * Corset with draping / pleating detail on
- * Hand sewn lace detail on corset
- * Sewing different corset closures
- * Sewing different types of boning
- * How to grade the corset block to different sizes
- * Invisible zips
- * Pattern and sewing of your own ball gown skirt
- * Ball gown skirt hem finishes
- * Making a tulle petticoat for your ball gown
- * Making a veil
- * Making a garter
- * Patterns and sewing of a mermaid style evening skirt
- * Draping project o on a mannequin
- * One-piece evening dress block
- * Sewing a 1-piece evening/wedding dress
- * Slits for evening/wedding dresses
- * Low backs for evening/wedding dresses
- * Stretch evening dress pattern and sewing
- * Evening/wedding dress trains
- * Design and make an evening / wedding dress of your choice
- * Grading of evening dress blocks

Children's Wear Design & Construction (+- 40 classes)

- * Drafting a kiddies skirt block
- * Drafting a kiddies skirt pattern
- * Cutting and sewing a kiddies skirt
- * Pattern and sewing of a tutu skirt for girls
- * Drafting a kiddies T-shirt block
- * Drafting a kiddies sleeveless T-shirt / vest pattern
- * Cut and sew a kiddies sleeveless T-shirt / vest
- * Drafting a kiddies casual pair of pants / shorts block
- * Drafting a pattern for kiddies casual pair of pants / shorts with pockets
- * Cut and sew a kiddies casual pair of pants / shorts with pockets
- * Drafting a kiddies tracksuit pants and tracksuit top block with a hood
- * Drafting a kiddies tracksuit pants and tracksuit top pattern with a hood
- * Cut and sew a kiddies tracksuit pants and tracksuit top with a hood
- * Drafting a kiddies onesie block
- * Drafting a kiddies onesie pattern
- * Cut and sew a kiddies onesie
- * Drafting a kiddies dressing gown block
- * Drafting a kiddies dressing gown pattern
- * Cutting and sewing a kiddies dressing gown
- * Drafting a kiddies dress block
- * Drafting a kiddies dress pattern
- * Cutting and sewing a kiddies dress
- * Drafting a kiddies casual unlined jacket block
- * Drafting a kiddies casual jacket without lining
- * Cut and sew a kiddies casual jacket without lining
- * Drafting a kiddies shirt block
- * Drafting a kiddies shirt pattern
- * Cut and sew a kiddies shirt with collar, sleeves and cuffs
- * Grading of kiddies blocks

Men's Wear Design & Construction – Informal Wear (+- 40 classes)

- * Basic seams and stitches for men's wear
- * Drafting a men's T-shirt block
- * Drafting a men's T-shirt pattern
- * Cut and sew a men's T-shirt
- * Drafting a men's tracksuit pants and top block
- * Drafting a men's tracksuit pants and top pattern
- * Cut and sew men's tracksuit pants and top
- * Drafting a men's casual pair of chinos / jeans block
- * Drafting a pattern for men's casual pair of chinos / jeans
- * Cut and sew a men's casual pair of chinos / jeans
- * Drafting a casual jacket block
- * Drafting a casual jacket pattern
- * Cut and sew a casual men's unlined jacket
- * Drafting a men's kaftan block
- * Drafting a men's kaftan pattern
- * Cut and sew a men's kaftan
- * Drafting a classic men's shirt block
- * Drafting a classic men's shirt pattern
- * Cut and sew a men's shirt with collar, sleeves and cuffs
- * Drafting a men's shorts block
- * Drafting a pattern for men's shorts
- * Cut and sew men's shorts

Men's Wear Design & Construction – Formal Wear (+- 40 classes)

- * Drafting a men's waistcoat block
- * Drafting a men's waistcoat pattern
- * Cut and sew a men's waistcoat
- * Drafting a classic men's shirt block
- * Drafting a classic men's shirt pattern
- * Cut and sew a men's shirt with collar, sleeves and cuffs
- * Drafting a men's classic trouser block
- * Drafting a men's classic trouser pattern
- * Cut and sew a pair of men's classic trousers with fly front and pockets
- * Draft a classic men's suit jacket block
- * Draft a classic men's suit jacket pattern
- * Drafting a lining pattern for a men's suit jackets
- * Cut and sew a men's suit jacket with lining, collar, sleeves and pockets

Ladies Swimwear Design & Construction (+- 20 classes)

- * Drafting a basic bikini bottom block
- * Pattern and sewing of a basic bikini bottom
- * Drafting a basic bikini top block
- * Pattern & sewing a basic bikini top (no underwire)
- * Drafting a triangle bikini pattern
- * Cutting and sewing a triangle bikini and tie bottoms
- * Drafting a one-piece swimsuit block
- * Pattern & sewing a one-piece swimsuit
- * Pattern & Sewing of an underwire bikini top & bottom set
- * Patterns and sewing techniques of different bikini tops and bottoms
- * Grading of all the blocks used in the course

Ladies Beachwear & Resortwear Design & Construction (incl swimwear) (+- 40 classes)

- * Drafting a basic bikini bottom block
- * Pattern and sewing of a basic bikini bottom
- * Drafting a basic bikini top block
- * Pattern & sewing a basic bikini top (no underwire)
- * Drafting a triangle bikini pattern
- * Cutting and sewing a triangle bikini and tie bottoms
- * Drafting a one-piece swimsuit block
- * Pattern & sewing a one-piece swimsuit
- * Pattern & Sewing of swimsuit trunks (unitard)
- * Drafting a swimwear overdress block
- * Pattern & sewing a swimwear overdress
- * Drafting a beach shorts block
- * Pattern & Sewing beach shorts with drawstring
- * Pattern & Sewing beach shorts with button
- * Drafting a casual beach dress block
- * Pattern and sewing of a casual summer beach dress
- * Pattern & Sewing of an underwire bikini top & bottom set
- * Pattern & sewing of a fabric beach hat
- * Design & Make your own beachwear or resortwear outfit of choice
- * Grading of all the blocks used in the course

Ladies Lingerie Design & Construction (+- 20 classes)

- * Block, Pattern and sewing of a basic panty and G-string
- * Block pattern and sewing of a basic bra (no underwire)
- * Block, pattern and sewing of a sports bra
- * Block, Pattern and sewing of a negligee
- * Block, Pattern & Sewing of an underwire bra and panty set
- * Block, Pattern and sewing of a lingerie corset
- * Grading of all the blocks used in the course

Ladies Lingerie & Sleepwear Design & Construction (+- 40 classes)

- * Block, Pattern and sewing of a basic panty and G-string
- * Block pattern and sewing of a basic bra (no underwire)
- * Block, pattern and sewing of a casual summer 2 – piece pyjama set
- * Block, pattern and sewing of a summer 1-piece pyjama dress/slip
- * Block, pattern and sewing of a winter vest
- * Block, pattern and sewing of a 2-piece winter pyjama set with collar and sleeves
- * Block, pattern and sewing of a dressing gown
- * Block, pattern and sewing of a sports bra
- * Block, Pattern and sewing of a negligee
- * Block, Pattern & Sewing of an underwire bra and panty set
- * Block, Pattern and sewing of a lingerie corset
- * Grading of all the blocks used in the course

Design Course for Teens – Teens aged 10 – 17 years (+- 20 classes)

- * Sewing a scatter cushion
- * Making an unlined tote bag
- * Sewing a circle skirt
- * Sewing leggings
- * Sewing shorts
- * Sewing T- shirt / T- shirt dress
- * Sewing gown / onesie
- * Sewing a hoodie

Ladies Stretch Wear Design & Construction (+- 40 classes)

- * Drafting a stretch skirt block
- * Pattern and sewing of a stretch mini or pencil skirt with elastic waist
- * Pattern and sewing of a stretch skirt with a zip and waistband
- * Drafting a close fitting stretch top block
- * Pattern and sewing of close fitting stretch top with stretch lace and binding
- * Drafting a loose fitting stretch top / dress pattern with sleeves
- * Sewing the loose fitting stretch top / dress with sleeves
- * Drafting a T-shirt block
- * Pattern and sewing of a T-shirt / T-shirt dress with raglan sleeves and cuffs
- * Drafting a casual stretch winter dress pattern with cowl collar
- * Sewing the casual stretch winter dress
- * Drafting a loose stretch over garment with roll collar pattern
- * Sewing the loose over garment with roll collar
- * Drafting a legging block with elastic in a waistband casing
- * Pattern and sewing of your own leggings
- * Drafting a tracksuit top and pants block
- * Pattern and sewing of tracksuit top and pants with drawstring waist and hood
- * Drafting a stretch cocktail dress block
- * Pattern and sewing of stretch cocktail dress with zipper
- * Pattern and sewing of a stretch evening dress
- * Design and make your own stretch wear item of choice
- * Grading of all the stretch blocks used

Home Accessories Course (Patternmaking & Sewing) (+- 40 classes)

For the Lounge:

- *Pattern & Sewing a scatter cushion with an invisible zip
- *Making your own coaster set

For the Dining Room:

- *Pattern & Sewing a table runner
- *Pattern & Sewing a table cloth
- *Pattern & Sewing a place mat set
- *Pattern and sewing a chair cover / cushion

For the Bedroom:

- *Pattern & Sewing a bedroom pillow case
- *Sewing a bed base cover / night frill
- *Sewing a fitted bed sheet
- *Sewing a bed quilt
- *Sewing a duvet cover

For the Patio:

- *Pattern and sewing chair cushions for a patio set / sun lounger

For the rest of the home:

- *Sewing an unlined taped curtain
- *Sewing a lined curtain with rings
- *Pattern & Sewing Roman Blinds

Home Accessories (Sewing only) (+- 20 classes)

For the Lounge:

- *Pattern & Sewing a scatter cushion with an invisible zip
- *Making your own coaster set

For the Dining Room:

- *Pattern & Sewing a table runner
- *Pattern & Sewing a table cloth
- *Sewing a place mat set
- *Sewing a chair cover / cushion

For the Bedroom:

- *Sewing a bedroom pillow case
- *Sewing a bed base cover / night frill
- *Sewing a fitted bed sheet
- *Sewing a bed quilt
- *Sewing a duvet cover

For the Patio:

- *Sewing chair cushions for a patio set / sun lounger

For the rest of the home:

- *Sewing an unlined taped curtain
- *Sewing a lined curtain with rings
- *Sewing Roman Blinds

Handbag Sewing Course (+- 20 classes)

- Making an easy envelope bag
- Making an unlined tote bag
- Making a pencil bag / make-up bag with a zip
- Making a lined beach bag / shopping bag / unlined sewing machine bag
- Making a lined drawstring bag
- Making a soft clutch with a metal frame
- Making a hard shell clutch
- Making a sling bag / satchel bag
- Making a classic handbag

Fashion illustration Course (+- 20 classes)

- Body proportions
- Stylizing and dressing the figure (clothes, shoes, accessories)
- Fabric rendering (Depicting different fabrics and textures)
- Facial proportions
- Arms & Hands, Legs & Feet
- Working with different mediums (paint, artist koki's, pencils)
- Technical drawings (Flats)
- Portfolio and page composition
- Compiling your own collection (layout, background, mounting, swatches etc)

The illustrations for the collection is worked on at home, and the student may arrange for a few private consultations during this period in which the layout, background and final presentation is then put together

No Syllabus

Design & Construction Combination Course (+- 20 or 40 classes)

Create your own Design & Construction Combination course by selecting specific projects from any of our Design & Construction courses to focus on. (Children's wear, Men's wear, Beachwear and resortwear, Lingerie & Sleepwear)

Patternmaking & Sewing. **Paper and fabrics are included in the cost of the course**

OPEN CLASS (+- 10 or 20 or 30 or 40 classes)

Flexible class – students do not follow a syllabus and have the freedom to work on anything of their choice, eg.

- Any sewing
- Any patternmaking
- Any illustrations
- Any projects from our 3Dimensional Design course
- Working on your own collection/label
- Working on competition entries
- Combination of sewing, patterns and illustrations
- Working on client orders
- Design students from other institutes requiring assistance with projects and exam preparations
- Children sewing projects

Great for students that already have sewing skills and the knowledge.

Fabric and paper are not included in this course